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Mr Massoud Fouladi
MB ChB, MSc, FRCOphth
Consultant Ophthalmologist

Secretary: 01227-825123
Appointments: 01227-825150
Fax: 01227-825133

BMI The Chaucer Hospital
Nackington Road
CANTERBURY
Kent CT4 7AR.

MF/LC

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Mrs Jaleh Esfahani
63 Colet Gardens
London
W14 9DN

Dear Mrs Esfahani

It was a pleasure to meet you and your son in my clinic. I understand you had bilateral phacoemulsification cataract surgery under my colleagues care Mr Phillip Bloom at the Western Eye Hospital and following that you have bilateral YAG capsulotomy. You also had a diagnosis of dry eyes for which you take ocular lubrication.

Your vision in the left eye has deteriorated over the last six months and on examination your vision on the right was 6/9+ and on the left it was below 6/60.

Anterior segments today were normal. Intraocular pressures were within normal limits. Intraocular lenses are in-situ. Fundoscopy showed on the right side dry age related macular degeneration with drusens and RP changes. On the left side you have RP detachment affecting the fovea with a sub-retinal exudate.

I am afraid the left macular degeneration is not treatable in your case and that has been confirmed by fluorescein angiography. With regard to the right eye I would suggest -1. To monitor it very closely with Amsler chart and 2. Use Ocuvit, which is multivitamin and zinc to reduce the rate of progression of the disease. You could also ask Phillip Bloom if he could introduce you to the Low Visual Aid clinic as sometimes they can help you with a change of glasses, particularly for reading.

I also suggest taking occ-Viscotear at night before you go to bed and during the day as much as you want.

I would be happy to see you any time you have any problems.

With best wishes

Yours sincerely

Dictated and sent unsigned.

Massoud Fouladi
Consultant Ophthalmologist